

® 2010 Calendar for Aston Kinetics Classes and Certification Programs

Course – Unless otherwise noted classes will be instructed by Master Teacher Judith Aston and Brian Linderoth.

Dates		Location
January 6-7, 2010	Aston Techniques I: For more details and to register, please call 775-831-8228 to register.	Santa Monica, CA
January 8-10, 2010	Aston Techniques II: For more details and to register, please call 775-831-8228 to register.	Santa Monica, CA
January 13-16, 2010	Aston Bodyworks I: For more details and to register, please call 775-831-8228 to register.	Santa Monica, CA
Jan 30 - Feb 2, 2010	Aston Bodyworks I: Instructed by Mark Barber For more details and to register, please call 512-323-9161.	Austin, TX
Jan 30, 2010	Aston Body Mechanics: Instructed by Tamar Myers For more details and to register, please call 781-862-8000.	Arlington, MA
Feb 6-8, 2010	Aston Techniques I For more details and to register, please call Maui School of Therapeutic Massage at 808-572-1888 to register.	Maui, HI
Feb 11-14, 2010	Aston Bodyworks I: For more details and to register, please call Maui School of Therapeutic Massage at 808-572-1888 to register.	Maui, HI
February 25-28, 2010	Aston Bodyworks I: For more details and to register, please contact Therapeutic Training Center at 206-853-6875.	Seattle, WA
March 8-13, 2010 & March 15-18, 2010 Certification Evaluation day: March 19, 2010	Aston for Yoga Certification: For more details and to register, please call 775-831-8228 to register.	Santa Monica, CA
March 27-29, 2010 POSTPONED UNTIL SUMMER: Check back for new date.	Aston Techniques I: Instructed by Mark Barber. For more details and to register, please call Mark at 512-323-9161.	Austin, TX
April 10-12, 2010	Aston Bodyworks I: Instructed by Mark Barber. For more details and to register, please call Mark at 512-323-9161.	Austin, TX
April 14-17, 2010	Aston Bodyworks II: Instructed by Mark Barber. For more details and to register, please call Mark at 512-323-9161.	Austin, TX
May 15-19, 2010	Aston Techniques I & II: Instructed by Allison Sagewind. For more details and to register, please call 775-831-8228 to register.	Tahoe/Reno NV
May 21-23, 2010	Aston Techniques I: For more details and to register, please call Maui School of Therapeutic Massage at 808-572-1888 to register.	Maui, HI
May 21-23, 2010	Aston Bodyworks I: Instructed by Allison Sagewind. Please call 775.831.8228 for more details and to register.	Tahoe/Reno NV
May 25-28, 2010	Aston Bodyworks II: Instructed by Allison Sagewind. Please call 775.831.8228 for more details and to register.	Tahoe/Reno NV
May 26-29, 2010	Aston Bodyworks I: For more details and to register, please call Maui School of Therapeutic Massage at 808-572-1888.	Maui, HI

Please [click here](#) to go to our secure online store to register for your next course. You may also e-mail or call our office at office@astonkinetics.com or 775-831-8228.

June 18-20, 2010	Aston Techniques II: For more details and to register, please call Maui School of Therapeutic Massage at 808-572-1888.	Maui, HI
June 23-26, 2010	Aston Bodyworks II For more details and to register, please call Maui School of Therapeutic Massage at 808-572-1888.	Maui, HI
TBA 2010	Aston Fitness - Stretching	Hawaii (Big Island)
August 19-22, 2010	Aston Bodyworks I Please call 775-831-8228 to register.	Albuquerque, NM
September 8-10, 2010	Aston Bodyworks II Instructed by Allison Sagewind. Please call 775.831.8228 for more details and to register.	Tahoe/Reno NV
Please note: Classes are subject to change in location and/or date. New schedules or updates will be posted on the website at the end of each month.		
Training in Tahoe and Los Angeles Note: Exact dates will be posted in the near future.	<p style="text-align: center;">ASTON-PATTERNING® CERTIFICATION 2010-2012 TRAINING IN TAHOE AND LOS ANGELES</p> <p>Phase I – in Tahoe September 12-26, 2010 13 days</p> <p>Phase II – in Los Angeles January 15-31, 2011 15 days</p> <p>Phase III – in Tahoe June 2011 13 days</p> <p>Phase IV – in Los Angeles October 2011 15 days</p> <p>Phase V – in Los Angeles March 2012 13 days</p> <p>Phase VI – in Tahoe September 2012 15 days</p> <p style="text-align: center;">Total days (Includes evaluation): 84 days</p>	Tahoe/Los Angeles
Training in Hawaii Note: Exact dates will be posted in the near future.	<p style="text-align: center;">ASTON-PATTERNING® CERTIFICATION 2010-2012 TRAINING IN HAWAII</p> <p>Phase I – October 17-31, 2010 13 days</p> <p>Phase II – Feb/Mar 2011 15 days</p> <p>Phase III – August 2011 14 days</p> <p>Phase IV – January 2012 13 days</p> <p>Phase V – June 2012 14 days</p> <p>Phase VI – November 2012 15 days</p> <p style="text-align: center;">Total days (Includes evaluation): 84 days</p>	Hawaii (Big Island)
MOVEMENT CERTIFICATION <i>(If we have enough students to offer the Movement Certification, the first two phases of the Movement Certification will run concurrent with the Hawaii A-P certification as listed above)</i> Note: Exact dates will be posted in the near future.	<p style="text-align: center;">MOVEMENT CERTIFICATION</p> <p>Movement Phase I – October 17-26,2010 with A-P Phase I 8 days</p> <p>Movement Phase II – Feb/Mar 2011 with A-P Phase II 8 days</p> <p>Movement Phase III – August/September 2011 12 days</p> <p>Movement Phase IV – January/February 2012 13 days</p> <p>Movement Phase V – June 2012 13 days</p> <p style="text-align: center;">Total days (includes evaluation): 54 days</p>	Hawaii (Big Island)